

### Course Description:

This three credit course explores and evaluates current topics in the field of nutrition and health issues. The course focuses on selected timely topics and provides a critical analysis of current research, public policy and trends of nutrition and nutritionally related subject matter. Students will examine the topics credibility and determine its impact on the health and wellness on target population groups. Students will utilize research articles and evidence based analysis to evaluate current topics in the media and in the field of nutrition and dietetics.

**Credits:** Three (3)

### Course Format and Modes of Instruction:

This course is a web-based class consisting of readings from the textbook, discussion activities posted on the discussion board, links to informational cites on the internet, lecture handouts, written assignments, and practice quizzes.

### Prerequisites:

Successful completion of NUTR4220 Medical Nutrition Therapy II and NUTR4649 Internship in Medicine and Surgery.

### Course Goals and Objectives:

The overall goal of this course is to examine and analyze current topics in nutrition as they impact the health and wellness of individuals and targeted population groups. The topics explored will include recent developments in the dietetic profession and will allow reinforcement of critical content in preparation for the registration examination for dietitians in the four general areas domains of the exam: Principles of Dietetics, Nutrition Care for Individuals and Groups, Management of Food and Nutrition Programs and Services and Foodservice Systems.

### Course Requirements:

Requirements	Weight
Participation in Discussions and Postings	24%
Professional newsletter article/ consumer piece	15%
Debate & Journal Club (8 each)	16%
Legislative issue document	10%
Literature search, summary table and written presentation	15%
Brief presentation on controversy	5%
Identifying controversies and studying facts	10%
Good and poor precepting skits and tips	10%
Reflective journal or CDR Portfolio draft plan	5%
<b>TOTAL</b>	<b>100%</b>