Nutrition Focused Physical Examination & Assessment
A workshop for registered dietitian nutritionists

**Details for 2 Day In-person Workshop:**

- **Date:** April 29th and 30th 2019
- **Time:** Monday, April 29th 2019 9:00 am - 5:00 pm
  Tuesday, April 30th 2019 9:00 am - 5:00 pm
- **Location:** Rutgers School of Health Professions
  65 Bergen Street, Stanley Bergen Building
  4th Floor, Room 442
  Newark, NJ 07107

- **To register, visit our website:**
  [https://shp.rutgers.edu/nutritional-sciences/institute-for-nutrition-interventions/](https://shp.rutgers.edu/nutritional-sciences/institute-for-nutrition-interventions/)

- **Cost:** $450 plus equipment.
  *Lunch is included both days.*

- **Required Equipment:** Blood Pressure Cuff, Stethoscope

13 Continuing Professional Education Credits (Level 2)

- **Sample CDR Learning Need Codes:**
  (3000) Nutrition assessment and diagnosis
  (3050) Feeding, swallowing, dentition
  (3080) Physical: blood pressure, pulse, bowel sounds

**Sample CPE Activity Types of Essential Practice Competencies:**
140 Experiential Skill Development
Interactive Workshops

**Faculty:** Diane Rigassio Radler, PhD RD; Riva Touger-Decker, PhD

**Workshop Description:**
This workshop provides didactic and motor skill development of physical examination and assessment of nutrition status. This hands-on workshop includes discussions and demonstration of techniques, and practice under professional supervision.

Program learning outcomes include examination and assessment of:
- Characteristics of malnutrition
- Muscle and fat stores
- Vital signs
- Abdomen
- Lung and heart sounds
- Orofacial region
- Dysphagia screening

The workshop includes extensive supervised clinical practice sessions to develop & reinforce skills. Class size is limited to 20 participants.

For More Information Contact:
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